INTRODUCTION to TABLE TENNIS COACHING

TABLE TENNIS SCOTLAND

In conjunction with ABERDEEN & DISTRICT TT ASSOCIATION

OFFERS

A 4-HOUR COURSE LEADING TO A BASIC UKCC

TT COACHING QUALIFICATION

DATE: THURSDAY 15th NOVEMBER

TIME: 9AM TO 1PM

VENUE: Westburn Outdoor Centre, Westburn Park Road, Westburn Park,
Aberdeen, AB25 3DE

Cost - (includes TTS Coaching Manual & Certificate)

Adults £25 per person

Under 18, OAPs, Students £20 per person

 Payment method will be advised later.

Course Content:

Delivery will include lecturing, demos, practical table time and video elements.

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| * **Coaching Structure**
* **Basic Ball Control & Touch**
* **The 4 Basic Strokes**
* **Movement**
* **Service & Return**
 | * **Equipment & Safety**
* **Introducing fun games**
* **The Laws of Table Tennis**
* **Scoring and umpiring**
* **Setting up practices**
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| **APPLICATION FORM** |
| NAME | ADDRESS |
| HOME PHONE:MOB:  | EMAIL: |
| **Current/Planned Involvement in TT coaching including Local Authority connection if any:** |
| **Any other relevant info (Disabilities, medical issues, etc)** |
| **Send application to:** Dick Ferro, Suilven, 14 Beaconhill Road, Milltimber, Aberdeen, AB13 0JR**or by email to** richardferro@tiscali.co.uk |