INTRODUCTION to TABLE TENNIS COACHING

TABLE TENNIS SCOTLAND

In conjunction with ABERDEEN & DISTRICT TT ASSOCIATION

OFFERS

A 4-HOUR COURSE LEADING TO A BASIC UKCC

TT COACHING QUALIFICATION

DATE: THURSDAY 15th NOVEMBER

TIME: 9AM TO 1PM

VENUE: Westburn Outdoor Centre, Westburn Park Road, Westburn Park,   
Aberdeen, AB25 3DE

Cost - (includes TTS Coaching Manual & Certificate)

Adults £25 per person

Under 18, OAPs, Students £20 per person

Payment method will be advised later.

Course Content:

Delivery will include lecturing, demos, practical table time and video elements.

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| * **Coaching Structure** * **Basic Ball Control & Touch** * **The 4 Basic Strokes** * **Movement** * **Service & Return** | * **Equipment & Safety** * **Introducing fun games** * **The Laws of Table Tennis** * **Scoring and umpiring** * **Setting up practices** |

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| **APPLICATION FORM** | |
| NAME | ADDRESS |
| HOME PHONE:MOB: | EMAIL: |
| **Current/Planned Involvement in TT coaching including Local Authority connection if any:** | |
| **Any other relevant info (Disabilities, medical issues, etc)** | |
| **Send application to:** Dick Ferro, Suilven, 14 Beaconhill Road, Milltimber, Aberdeen, AB13 0JR **or by email to** richardferro@tiscali.co.uk | |