Team Selection	Team Captain	Email Details	Playing Venue	Address	Home Night	Start Time
Young Guns	Dale Ward	daleandchristopher@gmail.com	Racquets	Harrogate Racquets Club, Firs Road, Off Leeds Road, Harrogate, HG2 8HA	Thursday	7.00pm
The Young Ones	Dale Ward	daleandchristopher@gmail.com	Racquets	Harrogate Racquets Club, Firs Road, Off Leeds Road, Harrogate, HG2 8HA	Monday	7.00pm
Racqueteers	Kate Reid	kate.reid@pembertonreid.com	Racquets	Harrogate Racquets Club, Firs Road, Off Leeds Road, Harrogate, HG2 8HA	Tuesday	7.30pm
Wombats	Trevor D'Arcy-Evans	tdarcyevans@hotmail.com	Racquets	Harrogate Racquets Club, Firs Road, Off Leeds Road, Harrogate, HG2 8HA	Tuesday	7.00pm
Farnham Internationals	Nidge O'Brien	nidge@rochvalleyhomes.co.uk	SPA	Rossett Sports Centre, Pannal Ash Road, Harrogate, HG2 9JP	Monday	7.15pm
Straight outta Copt Hew	Paul Vincent	paul.vincent01@gmail.com	Copt Hewick	Copt Hewick Village Hall, Copt Hewick, Ripon, HG4 5BY	Monday	7.30pm
Bring it On!	Andy Benson	Andrewbenson71@icloud.com	Racquets	Harrogate Racquets Club, Firs Road, Off Leeds Road, Harrogate, HG2 8HA	Wednesday	7.00pm
Ping Pong bandits	Leona Richards	leonarichards27@outlook.com	Racquets	Harrogate Racquets Club, Firs Road, Off Leeds Road, Harrogate, HG2 8HA	Wednesday	7.00pm
Joe's Heroes	Joe Matthews	joseph.matthews@hotmail.com	SPA	Rossett Sports Centre, Pannal Ash Road, Harrogate, HG2 9JP	Monday	7.15pm
Rossett Alliance	Xiaojun Lai	x.lai@leeds.ac.uk	SPA	Rossett Sports Centre, Pannal Ash Road, Harrogate, HG2 9JP	Monday	7.15pm
Rossett Rotters	Nidge O'Brien	nidge@rochvalleyhomes.co.uk	SPA	Rossett Sports Centre, Pannal Ash Road, Harrogate, HG2 9JP	Monday	7.15pm